



SENIORS ACTION QUEBEC

Seniors Action Quebec is pleased to invite you to a special presentation on:

Housing for Seniors

We are delighted to have Mr. René Babin - Consultant / Research and Information Transfer with Canada Mortgage and Housing Corporation and Marie-Claude Giguère

René has a Master's degree in Urban Planning from the Technical University of Nova Scotia. He has 10 years of experience in both public and private practice and has worked on planning projects of local and regional scale. He joined Canada Mortgage and Housing Corporation 6 years ago as a consultant for sound management practices of COOPs, non-profit housing, and seniors' housing. He is currently a consultant for the Research and Information Transfer Group at CMHC and provides insight on housing issues affecting a diverse clientele including seniors, newcomers, low-income households, Aboriginal households, and people with different physical or mental incapacities.

Marie-Claude started Helping Seniors 15 years ago. This services is a specialized real estate broker who assists seniors when the time comes to relocate to a retirement residence, but always looking at the option of staying home first. Marie-Claude has BA in recreation and leisure, is a certified real estate broker, since being in business she has personally visited more than 350 private retirement residences in different parts of the world, has written and award winning book (*Stay or Move?*) which has also received 5 star book reviews.

Date: May 21st, 2014

Location: Dawson College

Room 4C.1 Amphitheatre

Time: 1:00 PM - 3:30 PM

The easiest way in is to enter by de Maisonneuve Blvd. There is an elevator right inside the entrance if required. It is essential to register as we have a limited number of seats.

Please feel free to share the invitation with your networks but just remind them to register! This can be done by emailing me at: RuthPelletier@sympatico.ca or leaving a message at: 514.748.0461

I look forward to meeting you on May 21st limited seating so be sure to let me know if you are attending.



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Agenda

1:00 - 1:10 Welcome & Introductions

1:10 - 2:00 **Overview, Trends and Demographics** *René*

Some of the research data to be presented will provide us all with an overview of how great the need is for seniors to access to affordable and adequate housing.

How the demographics will impact the needs. The major economic and social implications since our seniors are healthier and living longer.

How the housing needs changes as we age. Where do these seniors live? Urban or rural communities, what differences does that create?

What are the trends? Are the developers and Senior's residences keeping pace with what seniors want & need? When do we need to start thinking about our future housing needs? Have you ever considered developing a senior's residence?

2:00 - 2:30 **Health Break**

We have extended this break to permit everyone the opportunity to network with other participants and exchange business cards.

2:30 - 3:00 **Stay or Move?** *Marie Claude*

What are the different aspects to consider regarding ageing at home? What are the options in terms of private retirement residences?

The question of ageing at home or relocating is a hot topic and brings on a lot of emotions, fears and concerns for everyone involved. There are solutions for all options. We will discuss what to look at regarding safety at home and the thought processes of when is the best time to move, and should the time come to relocate we will discuss the options of retirement residences and the support they can offer.

3:00 - 3:30 A Case Study: CMHC's Flexhouse design for adaptability. *René*

Flexible housing allows a homeowner to reconfigure their house as their lifestyle changes. Rooms can change in size and/or a complete floor may change in function. The house is equipped for such changes with pre-wiring and plumbing ready for adaptation. Flexible housing is also built to be accessible with features to accommodate young children, the disabled and the elderly.

3:30 Closing

Ruth Pelletier- Vice President